

Kirk Sheppard, MA, LMHC, PCC

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EDUCATIONAL HISTORY

Masters of Arts in Counseling. *Cincinnati Bible Seminary, 2004.*

Masters of Arts in Practical Ministries with an Emphasis in Pastoral Counseling. *Cincinnati Bible Seminary, 2003.*

Bachelor of Science in the Helping Professions. Minor: Psychology. *Cincinnati Bible College, 2001.*

Undergrad coursework. *The Ohio State University, 1996-1997.*

PROFESSIONAL CREDENTIALS

Licensed Professional Clinical Counselor (LPCC).

Issued by the State of Ohio Counselor and Social Worker Board.

Effective: January 2008 – present. Expires: January 2010.

License #: E.0700338.

Licensed Mental Health Counselor (LMHC).

Issued by the State of Indiana Behavioral Health and Human Services Licensing Board.

Effective: August 2006 – present. Expires: August 2010.

License #: 39001804A

PROFESSIONAL COUNSELING EXPERIENCE

Private Practice, Harrison, OH. *July 2008 – present.*

Providing counseling to children, adolescents, and adults in the areas of depression, anxiety, family relationships, behavioral problems, ADHD, PTSD, substance abuse, and general mental health issues.

Consultant, Mt. Carmel School and Sunman Dearborn Intermediate School. *March 2009 – present.*

Consulting with the administration and staff of elementary/Jr. High schools to assist with their student's mental health needs.

LifeWay Counseling Center, Blue Ash, Ohio. *July 2008 – present.*

Providing Biblically based Christian counseling to all populations with a wide variety of mental health issues and problems as an independent contractor with this group practice.

Supervisor in Training, Cincinnati Christian University. *August 2009 – present.*

Supervising counselors in training during their practicum in anticipation of earning my supervisory credentials.

Mercy Mt. Airy Hospital Behavioral Health, Cincinnati, Ohio. *December 2007 – December 2008.*

Worked with a multi-disciplinary team to provide group and individual counseling to children and adolescents in an acute care setting. Also, performed psychosocial intakes as a PRN social worker and tended to the client's practical needs as a mental health technician when needed.

Community Mental Health Center, Lawrenceburg, IN. *June 2004 – May 2008.*

Provided individual and family counseling as both a school-based and office-based therapist. Collaborated with school personnel, local authorities, medical doctors, psychiatrists, child welfare workers, and other community contacts to provide comprehensive care for community counseling clients.

One Hope Christian Counseling Associates, Newport, IN. *August 1998 – December 2001.*

Was the first office manager of a non-profit, church-based counseling center. Designed systems to assist the counselors and administrators as they provided affordable counseling services to all populations.

PRESENTATIONS GIVEN

Reactive Attachment Disorder – The Basics for Educators.

Presented as an in-service training at Sunman Dearborn Intermediate School, February 16th, 2009.

Caring for Difficult Patients – Personality Disorders and Empathy.

Presented as an in-service training at Dearborn County Hospital's ER Staff, June 17th and 19th, 2009.

Counseling Children and Adolescents.

Presented to the Cincinnati Bible College student chapter of the AACC in the spring of 2005.

Children and Bipolar Disorder – The Basics for Educators.

Presented as an in-service training at Mt. Carmel School, spring of 2005.

PROFESSIONAL MEMBERSHIPS

American Association of Christian Counselors.

SPECIAL COUNSELING INTERESTS AND EXPERTISE

Interpersonal Theoretical Perspectives in the Counseling Process

Codependency & Self-Esteem in Middle Aged Women

Mental Disorders Resulting from Industrial Accidents

Attention Deficit Hyperactivity Disorder and Anger Management

Caring for Children in Foster Care

Sexual Identity Issues and Spirituality

Empathy Specifically within Marital Relationships

Magical Illusions Integrated with Counseling for Children

Reducing the Stigma of Mental Health Counseling through Community Collaboration

Supervision and Education of Counseling Students

OTHER EXPERIENCE AND INTERESTS

Web design and development for various counseling practices, musicians, companies, and others, 2006 – present.

Production Coordinator, Northern Wrestling Federation – August 2001 – August 2009.

Sound technician, Richwood Church of Christ, 1994 – 1996.

Worship Leader, Richwood Church of Christ 1996 – 1999.